



MAKE A LASTING CHANGE

JANUARY 13 & 14, 2024

Romans 12:1-12 (NLT)

And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect. Because of the privilege and authority God has given me, I give each of you this warning: Don't think you are better than you really are. Be honest in your evaluation of yourselves, measuring yourselves by the faith God has given us. Just as our bodies have many parts and each part has a special function, so it is with Christ's body. We are many parts of one body, and we all belong to each other. In his grace, God has given us different gifts for doing certain things well. So if God has given you the ability to prophesy, speak out with as much faith as God has given you. If your gift is serving others, serve them well. If you are a teacher, teach well. If your gift is to encourage others, be encouraging. If it is giving, give generously. If God has given you leadership ability, take the responsibility seriously. And if you have a gift for showing kindness to others, do it gladly. Don't just pretend to love others. Really love them. Hate what is wrong. Hold tightly to what is good. Love each other with genuine affection, and take delight in honoring each other. Never be lazy, but work hard and serve the Lord enthusiastically. Rejoice in our confident hope. Be patient in trouble, and keep on praying.

6 Principles for Lasting Change

1

_____ : Give my body to God.

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Philippians 1:20 (NIV)

I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death.

Psalms 139:13-16 (TPT)

You formed my innermost being, shaping my delicate inside and my intricate outside, and wove them all together in my mother's womb. I thank you, God, for making me so mysteriously complex! Everything you do is marvelously breathtaking. It simply amazes me to think about it! How thoroughly you know me, Lord! You even formed every bone in my body when you created me in the secret place; carefully, skillfully you shaped me from nothing to something. You saw who you created me to be before I became me! Before I'd ever seen the light of day, the number of days you planned for me were already recorded in your book.

3 Ways to Worship God with My Body

- _____ it – **Detox and diet**

2 Corinthians 7:1 (TPT)

Beloved ones, with promises like these, and because of our deepest respect and worship of God, we must remove everything from our lives that contaminates body and spirit, and continue to complete the development of holiness within us.

- _____ for it – **Manage God's property well** (stewardship)

Ephesians 5:29 (TPT)

No one abuses his own body, but pampers it—serving and satisfying its needs. That's exactly what Christ does for his church!

- _____ it – **Resist the sinful cravings of the flesh**

1 Thessalonians 4:4 (NLT)

Then each of you will control his own body and live in holiness and honor.

1 Corinthians 9:27a (NLT)

I discipline my body like an athlete, training it to do what it should.

2

_____ : **Get my focus on what is right.**

Romans 12:2 (NLT)

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

To change my life, I must change the _____ I emulate.

1 Corinthians 15:33 (TPT)

So stop fooling yourselves! Evil companions will corrupt good morals and character.

Ephesians 4:22-23 (NLT)

...throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes.

3

_____ : I must humbly assess my current condition.

Romans 12:3 (NLT)

Because of the privilege and authority God has given me, I give each of you this warning: Don't think you are better than you really are. Be honest in your evaluation of yourselves, measuring yourselves by the faith God has given us.

Hebrews 11:6 (NLT)

And it is impossible to please God without faith. Anyone who wants to come to him must believe that God exists and that he rewards those who sincerely seek him.

Romans 10:17 (NLT)

So faith comes from hearing, that is, hearing the Good News about Christ.

4

_____ : I must get group support.

Romans 12:4-5 (NLT)

Just as our bodies have many parts and each part has a special function, so it is with Christ's body. We are many parts of one body, and we all belong to each other.

1 Thessalonians 5:13-15 (NLT)

Show them great respect and wholehearted love because of their work. And live peacefully with each other. Brothers and sisters, we urge you to warn those who are lazy. Encourage those who are timid. Take tender care of those who are weak. Be patient with everyone. See that no one pays back evil for evil, but always try to do good to each other and to all people.

5

_____ : I must fill my life with love and radiate God's love to everyone.

Romans 12:9-10 (NLT)

Don't just pretend to love others. Really love them. Hate what is wrong. Hold tightly to what is good. Love each other with genuine affection, and take delight in honoring each other.

Song of Solomon 8:6 (CEV)

Always keep me in your heart and wear this bracelet to remember me by. The passion of love bursting into flame is more powerful than death, stronger than the grave.

Job 42:10 (NLT)

When Job prayed for his friends, the Lord restored his fortunes. In fact, the Lord gave him twice as much as before!

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_____ : I must nurture my enthusiasm.

Romans 12:11-12 (NLT)

Never be lazy, but work hard and serve the Lord enthusiastically. Rejoice in our confident hope. Be patient in trouble, and keep on praying.

Colossians 3:23 (NLT)

Work willingly at whatever you do, as though you were working for the Lord rather than for people.

2 Corinthians 12:9-10 (NLT)

Each time he said, "My grace is all you need. My power works best in weakness." So now I am glad to boast about my weaknesses, so that the power of Christ can work through me. That's why I take pleasure in my weaknesses, and in the insults, hardships, persecutions, and troubles that I suffer for Christ. For when I am weak, then I am strong.



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